



# NORTHERN GOLD COAST COMMUNITIES FOR CHILDREN



## FREE PROGRAMS FOR PARENTS: Term Four 2011

<p><b>PARENTING MADE EASIER</b></p>	<p><i>This is a 6 week program written from a Counsellors perspective who has many years experience working with families. To understand our children's behaviour, we first must understand the purpose behind their behaviour. This program arms you with strategies to teach your children respect, co-operation and responsibility.</i></p> <p><b>Wed 26<sup>th</sup> October – 30<sup>th</sup> November: 6:30pm – 8:30pm ( OCCYC )</b>  <b>Fri 21<sup>st</sup> October – 25<sup>th</sup> November: 9:30am – 12:30pm ( OCCYC )</b></p>
<p><b>1,2,3 MAGIC &amp; EMOTION COACHING PARENTING COURSE</b></p>	<p><i>A 3 session program for parents and carers to help promote positive behaviour and manage difficult behaviour in children 2-12 years old. Learn how to help your kids become better at managing their emotions.</i></p> <p><b>Mon 24<sup>th</sup> October – 7<sup>th</sup> November: 9:30am – 11:30am ( OCCYC )</b>  <b>Mon 7<sup>th</sup> November – 21<sup>st</sup> November: 6:30pm – 8:30pm ( OCCYC )</b></p>
<p><b>RELATIONSHIP RESCUE</b></p>	<p><i>This 6 week program offers an opportunity to explore ways to have a fabulous relationship, to repair a broken relationship or understand why the relationship isn't working. Relationships include parents, siblings, work associates, partners, spouses and children.</i></p> <p><b>Tues 18<sup>th</sup> October - 22<sup>nd</sup> November: 6:30pm – 8:30pm ( OCCYC )</b></p>
<p><b>BABYSITTING TRAINING PROGRAM</b></p>	<p><i>For young people aged 13-16 who babysit, look after younger siblings or would like to work with children.</i></p> <p><b>Wednesday 19<sup>th</sup> October – 23<sup>rd</sup> November : 4pm – 6pm ( venue tbc )</b></p>
<p>While parents participate in our <u>day programs</u>, children who require childminding can participate in “Kids at Play” activity group (0-5 years accepted). Kids at Play is \$4.00 per child, numbers are limited and <u>bookings are essential</u>.          Fee to be paid prior to commencing program.  <b><u>Please phone 55804995 to book a place and / or to register your child/children for childminding.</u></b></p>	
<p><b>Note: Whilst all due care is taken to undertake programs regularly, they can be subject to change. Please ensure you book prior to attending any programs.</b></p>	<p>Communities for Children is an initiative of the Australian Government Department of Families, Housing, Community Services and Indigenous Affairs</p>

