



**PLEASE NOTE:
PROGRAMS
OPERATE WITHIN
SCHOOL TERM ONLY**

Early Years HUB Timetable 3rd OCTOBER – 2nd DECEMBER 2011

NORTHERN GOLD COAST COMMUNITIES FOR CHILDREN Phone 5580 4993

Venue: Oxenford & Coomera Community Youth Centre 25 Tamborine-Oxenford Road Oxenford

FREE Programs for Families with Children 0-5 years – NO BOOKINGS REQUIRED

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
9am – 9.45am Toddler Sports FREE, fun, physical activities for children 2-5 years and their families.	9.30am-11.30am New Baby Group (0-12 months) With Child Health Nurse Hall 4 FREE – No Bookings Required	9am – 9.30am Sing to Music (ages 0-2 years) Enjoy music, rhythm, rhyme and dance for parents with infant ages 0-2 years.	9am – 10am Craft, Coffee and Chat Enjoy a coffee and chat whilst you undertake a simple craft activity with your child.	9.30am-11.30am Scrupdiddlyumptious Cooking Program Parents can enjoy making easy and tasty treats together with your toddler aged 2-5 years including Read and Grow Promotes development of early literacy and language skills, working to give children ages 2-5 years a good start in life.
9.30am – 10am Sing to Music Enjoy music, rhythm, rhyme and dance for parents with infant ages 0-5 years.		9.30am – 10am Play to Music Singing, moving and dancing to music whilst using instruments for ages 0-5 years	9am – 9.45am Toddler Sports Fun, physical activities for children 2-5 years and their families.	
10am-10.30am Play to Music Singing, moving and dancing to music whilst using instruments for ages 0-5 years		10.15am – 10.45am Small Sports Allows children 2-5 years to develop basic skills and simple sports concepts in a fun environment	10am-10.30am Dance to Music Singing, moving and dancing to music whilst dressed up as favourite character ages 2-5 years	
10.30am – 11.30am Read and Grow Promotes development of early literacy and language skills, working to give children ages 2-5 years a good start in life.		10.30am-11.30am Read and Grow Promotes development of early literacy and language skills, working to give children ages 2-5 years a good start in life.	10.45am – 11.30am Read and Grow Promotes development of early literacy and language skills, working to give children ages 2-5 years a good start in life.	

Health and Wellbeing Programs for Parents – REFER TO EACH ACTIVITY FOR COST AND BOOKING REQUIREMENTS

TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
9.15am-10.30am Yoga (Open Level) \$4/Session \$4 Childminding available Bookings Essential 5580 4993	9.30am – 10.15am MumZone Boxing Class FREE \$4 Childminding available Bookings Essential Matt 0407 969 458	9.30am-10.15am FREE MumZone Outdoor Circuit Bookings Essential Matt 0407 969 458	11.30am-12.15am MumZone Boxing Class FREE \$4 Childminding available Bookings Essential Matt 0407 969 458
10.30am – 11.15am MumZone Indoor Circuit FREE \$4 Childminding available Bookings Essential Matt 0407 969 458		9.15am-10.30am Yoga \$4/Session \$4 Childminding available Bookings Essential 5580 4993	
10.45am-12noon Yoga \$4/Session No Childminding Available		10.30am – 11.15am MumZone Boxing Class FREE \$4 Childminding available Bookings Essential Matt 0407 969 458	
		6pm-7.30pm Yoga \$10 per Session No Childminding Available	Saturday 8.45am-9.30am DadZone Outdoor Class FREE No Childminding Available Enquiries Phone Matt 0407 969 458

All Yoga Bookings Ph Susan 5580 4993 or if you require specific information about the Yoga Classes please phone Adrian on 0435 889 032

All MumZone and DadZone Bookings and Enquiries please phone Matt 0407 969 458

Please note: Whilst all due care is taken to undertake programs regularly, they can be subject to change. Please ensure you enquire on 5580 4993 prior to attending any program to avoid disappointment.