



**PLEASE NOTE:
PROGRAMS
OPERATE WITHIN
SCHOOL TERM ONLY**

**Oxenford & Coomera Community Youth Centre
Early Years HUB Timetable**

30th January - 30th March 2012

Venue: 25 Tamborine-Oxenford Road Oxenford

Phone 5580 4993

FREE Programs for Families with Children 0-5 years – NO BOOKINGS REQUIRED				
MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
<p>9am – 9.45am Toddler Sports FREE, fun, physical activities for children 2-5 years and their families.</p>	<p>9.30am-11.30am New Baby Group (0-12 months) With Child Health Nurse</p> <p>Hall 4</p> <p>FREE – No Bookings Required</p>	<p>9am – 9.30am Sing to Music (ages 0-2 years) Enjoy music, rhythm, rhyme and dance for parents with infant ages 0-2 years.</p>	<p>9am – 10am Craft, Coffee and Chat Enjoy a coffee and chat whilst you undertake a simple craft activity with your child.</p>	<p>9.30am-11.30am Scrupdiddlyumptious Cooking Program Parents can enjoy making easy and tasty treats together with your toddler aged 2-5 years Including Read and Grow Promotes development of early literacy and language skills, working to give children ages 2-5 years a good start in life.</p>
<p>9.30am – 10am Sing to Music Enjoy music, rhythm, rhyme and dance for parents with infant ages 0-5 years.</p>		<p>9.30am – 10am Play to Music Singing, moving and dancing to music whilst using instruments for ages 0-5 years</p>	<p>9am – 9.45am Toddler Sports Fun, physical activities for children 2-5 years and their families.</p>	
<p>10am-10.30am Play to Music Singing, moving and dancing to music whilst using instruments for ages 0-5 years</p> <p>10.30am – 11.30am Read and Grow Promotes development of early literacy and language skills, working to give children ages 2-5 years a good start in life.</p>		<p>10.15am – 10.45am Small Sports Allows children 2-5 years to develop basic skills and simple sports concepts in a fun environment</p> <p>10.30am-11.30am Read and Grow Promotes development of early literacy and language skills, working to give children ages 2-5 years a good start in life.</p>	<p>10am-10.30am Dance to Music Singing, moving and dancing to music whilst dressed up as favourite character ages 2-5 years</p> <p>10.45am – 11.30am Read and Grow Promotes development of early literacy and language skills, working to give children ages 2-5 years a good start in life.</p>	



Health and Wellbeing Programs for Parents			
TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
<p>10.30am – 11.15am MumZone Indoor Circuit FREE \$5 Childminding available Bookings Essential Matt 0407 969 458</p>	<p>9.30am – 10.15am MumZone Boxing Class FREE \$5 Childminding available Bookings Essential Matt 0407 969 458</p>	<p>9.30am-10.15am FREE MumZone Outdoor Circuit Bookings Essential Matt 0407 969 458</p>	<p>11.30am-12.15am MumZone Boxing Class FREE \$5 Childminding available Bookings Essential Matt 0407 969 458</p>
	<p>10.30am – 11.15am MumZone Boxing Class FREE \$5 Childminding available Bookings Essential Matt 0407 969 458</p>	<p>6pm-7.15pm Yoga \$10 per Session No Childminding Available</p>	<p>Saturday 8.45am-9.30am DadZone Outdoor Class FREE No Childminding Available Enquiries Phone Matt 0407 969 458</p>
<p>11am-12.15pm Yoga \$4 per Session No Childminding Available</p>			

All MumZone and DadZone Bookings and Enquiries please phone Matt 0407 969 458

NORTHERN GOLD COAST COMMUNITIES FOR CHILDREN INITIATIVE

Please note: Whilst all due care is taken to undertake programs regularly, they can be subject to change. Please ensure you enquire on 5580 4993 prior to attending any program to avoid disappointment.