



# NORTHERN GOLD COAST COMMUNITIES FOR CHILDREN

Oxenford and Coomera Community Youth Centre (OCCYC), 25 Tamborine  
Oxenford Rd, Oxenford Ph: 55804995



## FREE PROGRAMS FOR PARENTS: Term Two, 2013

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| <p><b>PARENTING MADE EASIER</b></p>                               | <p><i>This is a 6 week program written from a Counsellors perspective who has many years experience working with families. To understand our children's behaviour, we first must understand the purpose behind their behaviour. This program arms you with strategies to teach your children respect, co-operation and responsibility.</i></p> <p><b>Mon : 6<sup>th</sup> May - 17<sup>th</sup> June: ( not 10<sup>th</sup> June public holiday) 9:30am – 11:30am (St Georges Hall, Cnr Dapsang Drive, Tamborine Mountain)</b><br/> <b>Tues 7<sup>th</sup> May – 11<sup>th</sup> June: 6:30pm – 8:30pm ( CnK Kindy, Coleman Square, Mt Tamborine )</b><br/> <b>Wed 8<sup>th</sup> May – 12<sup>th</sup> June : 6:30pm – 8:30pm (OCCYC)</b></p> |
| <p><b>1,2,3 MAGIC &amp; EMOTION COACHING PARENTING COURSE</b></p> | <p><i>A 3 session program for parents and carers to help promote positive behaviour and manage difficult behaviour in children 2-12 years old. Learn how to help your kids become better at managing their emotions.</i></p> <p><b>Mon 20<sup>th</sup> May – 3<sup>rd</sup> June: 6:00pm – 8:00pm (Highland Reserve State School)</b><br/> <b>Thurs 23<sup>rd</sup> May – 6<sup>th</sup> June: 6:00pm - 8:00pm (Bonnie Babes, Oxenford)</b><br/> <b>Fri 10<sup>th</sup> May –24<sup>th</sup> May : 9:30am – 11:30am ( OCCYC)</b></p>   |
| <p><b>BRINGING UP GREAT KIDS</b></p>                              | <p><i>This 6 week course is a practical and inspiring approach to parenting that uses mindful reflection to support parents to; review and understand their patterns of communication with their children; promote more respectful interactions; and encourage the development of children's positive self identity</i></p> <p><b>Mon: 6<sup>th</sup> May –17<sup>th</sup> June (not 10<sup>th</sup> June / public holiday): 9:30am – 11:30am : (OCCYC)</b></p>  |
| <p><b>BABY SITTING TRAINING</b></p>                               | <p><i>For 12 – 17 year olds, this 6 week course is a practical and fun approach to baby sitting. The course covers interacting with kids, basic first aid, and tips on managing difficult behaviours. A certificate of attendance is provided at the end, supporting you to gain employment.</i></p> <p><b>Thurs 2<sup>nd</sup> May-6<sup>th</sup> June: 4:00pm-6:00pm (OCCYC)</b></p>   |
| <p><b>Assertiveness</b></p>                                       | <p><i>This 6 week program nurtures the development of a healthy self esteem, supporting you to fulfil your goals in life.</i></p> <p><b>Fri 3<sup>rd</sup> May –7<sup>th</sup> June: 9:30am – 12:00 Midday (OCCYC)</b></p>   |

While parents participate in our day programs, children who require childminding can participate in "Kids at Play" activity group (0-5 years accepted). Kids at Play is \$4.00 per child, numbers are limited and bookings are essential.

Fee to be paid prior to commencing program.

**Please phone 5580 4995 to book a place and / or to register your child/children for childminding.**



**Note: Whilst all due care is taken to undertake programs regularly, they can be subject to change. Please ensure you book prior to attending any programs.**

Communities for Children is an initiative of the Australian Government Department of Families, Housing, Community Services and Indigenous Affairs