

Kids Garden Club



Kids Garden Club takes place every Monday

FREE

9.30am - 11.30am

Peachey Community Garden
Tillyroen Road Ormeau Hills

Contact: Kylie 0403002936
Everyone is Welcome to
Attend!

You are invited to come along to the Kids Garden Club which takes place at the Peachey Community Garden each Monday from 9.30am-11.30.

What are the benefits to coming along to Kids Garden Club:

Studies have shown that community gardeners and their children eat healthier diets than do non-gardening families.

- Eating locally produced food reduces asthma rates, because children are able to consume manageable amounts of local pollen and develop immunities.

- Exposure to green space reduces stress and increases a sense of wellness and belonging.

ALL WELCOME!

Communities for Children is an initiative of the Australian Government
Department of Families, Housing,
Community Services and Indigenous
Affairs

